

# PIL State Individual Champions 1925~2011



## Boys Track & Field

### High Jump

1928 Earl Conklin, Benson	5-10 ¼
1929 Earl Conklin, Benson (co-champ)	5-9
1933 Bob Holloway, Wash. (co-champ)	6-0 ¼
1935 Jack Berry, Grant (co-champ)	5-10 ½
1937 Lee Hoxworth, Franklin	5-10
1939 Herb Cain, Grant (co-champ)	6-0
1948 Emery Barnes, Jeff.	6-2 ½
1949 Emery Barnes, Jeff. (co-champ)	5-10 ⅝
1959 Bill Brown, Jefferson	6-1 ½
1975 Ron Bigness, Madison	6-8
2007 (6A) Vernell Warren, Grant	6-10

### Pole Vault

1927 Lawrence Kretzmeier, Franklin	11-8
1928 George Little, Grant	11-3
1929 Dewitt Bennett, Grant	11-9
1930 Irving Heusner, Grant (co-champ)	11-3
1932 Lee Carey, Washington	11-6
1933 Lee Carey, Wash	11-11 ⅛
1934 Howard Magwood, Roos. (co-champ)	11-9
1944 Art Baake, Jefferson	11-9
1945 Art Baake, Jefferson	12-3
1947 Lyle Dickey, Lincoln	12-6
1954 Sam Whitney, Benson	13-1 ¾
1957 Art Morland, Lincoln (co-champ)	12-0
1960 Larry Jones, Jefferson	12-8
1967 Mike Monahan, Marsh.	14-0

### Discus

1928 Don Anderson, Wash.	116-8
1929 Don Anderson, Wash.	129-3
1933 Hal Brack, Washington	129-4
1935 Stan Anderson, Wash.	131-11
1938 Frank Ryan, Franklin	132-7
1964 Tim Vollmer, Benson	174-0
1965 Tim Vollmer, Benson	178-10
1979 David Lewis, Grant	174-3

### Long Jump

1927 Harold Miller, Wash.	20-87 ½
1929 Skeet O'Connell, Commerce	22-1
1930 Skeet O'Connell, Commerce	21-9 ⅜
1932 Tom Collins, Wash.	20-8 ½
1933 Tom Collins, Wash.	22-5 ¼
1934 Jack Egan, Grant	21-6
1959 Jim Bird, Roosevelt	22-10 ½
1960 Mel Renfro, Jefferson	24-1 ¼
1961 Duane Delander, Linc.	23-5 ½
1962 Ray Taylor, Jefferson	22-9 ½
1964 Lionel Coleman, Jeff.	22-9 ½
1965 Bill Nickleberry, Jeff.	22-10 ¼
1968 Dixon Speak, Lincoln	22-10 ½
1972 Michael Booker, Adams	23-0 ½
1974 Kenny Bell, Adams	23-3
1980 Steve Peterson, Ben.	22-3 ¾
1986 Leon Lincoln, Madison	23-7
1987 Walter Bailey, Benson	23-10 ¾
1988 Malcolm Parker, Wilson	23-0 ½
1989 Malcolm Parker, Wilson	23-0 ¼
2007 (6A) Elvis Akpla, Linc.	23-1 ¼

### Shot Put

1928 John McKay, Hill Mil.	43-2 ¼
1931 Clyde Walker, Wash.	46-0 ½
1932 Clyde Walker, Wash.	48-1
1933 Clyde Walker, Wash.	49-2 ¾
1934 Stan Peters, Linc	50-1 ⅜

1935 Stan Anderson, Wash.	51-2 ½
1948 Pat Duff, Grant	51-0
1952 Mike Hodgon, Jeff.	51-9 ½
1958 Dick Brown, Grant	57-8
1968 Roger Smith, Cleve.	61-10
1969 Ralph Bakkensen, Grant	60-1
1970 Mike Bolliger, Jackson	61-6 ½
1977 Randy Bolliger, Jack.	57-7
1979 David Lewis, Grant	57-8 ½
1999 Matt Rutgers, Benson	56-8
2005 Suh Ndamukong, Grant	61-4

### Javelin

1927 Carl Ayers, Commerce	164-11
1928 Carl Ayers, Commerce	170-3
1935 Melvin Embree, Roos.	177-6
1937 Henry Hoffman, Wash.	176-4
1938 Bob Likens, Grant	179-8
1939 Bob Likens, Grant	177-11
1962 Robert Grove, Roos.	217-0
1970 Steve Hopkins, Grant	221-8
1975 Kelly Sills, Wilson	210-11
1992 Brandon Prentice, Wils.	193-7

### Triple Jump

1975 Kenny Bell, Adams	49-3 ½
1979 Brett Starr, Jackson	45-11 ¼
1986 Leon Lincoln, Madison	48-9 ½
1988 Terrell Brandon, Grant	47-2 ¼
1992 Willie Kemp, Grant	49-3 ¼
2001 Wiley King, Benson	47-4 ¼
2007 (6A) Elvis Akpla, Lincoln	47-8

### 100-Yard Dash

1928 Ned Gleason, Grant	10.4
1929 Charlie Fyock, Franklin	10.0
1930 Charlie Fyock, Franklin	10.1
1931 Bobby Grayson, Jeff.	10.1
1932 Bobby Grayson, Jeff.	9.9
1936 Jim Buck, Roosevelt	10.0
1937 Bob Diez, Franklin	10.2
1947 Mervin Brock, Wash.	10.3
1949 Mervin Brock, Wash.	10.1
1955 Huey Hatten, Jefferson	10.3
1957 Jon Abraham, Grant	10.3
1958 Raye Renfro, Jefferson	10.2
1960 Craig Nelson, Grant	9.8

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# PIL State Individual Champions

1962	Butch Lumby, Grant	9.9
1963	Leon Lincoln, Jefferson	9.9
1964	Willie Bell, Benson (co-champ)	10.1
1966	Onia Bates, Grant	9.9
1968	Steve Krohn, Madison	9.9
1969	John Mays, Lincoln	10.0
1970	Woodrow Green, Jeff.	w9.7
1971	Rick Eatmon, Adams	9.92
1972	Rick Eatmon, Adams	9.70
1973	Dale Warren, Adams	9.8
1974	Robert Curry, Wash.	9.6

## 100-Meter Dash

1983	John Frazier, Jefferson	w10.80
1987	Lavelle Matthews, Jeff.	11.18
1988	Bill Shephard, Grant	10.90
1992	Alteria Sabb, Madison	w10.90
1995	Russell Jackson, Bens.	w10.87
2008 (6A)	Jordan Polke, Linc.	10.63
2010 (5A)	Donovan Mcfadden, Madison	10.93

## 220-Yard Dash

1927	Tyrrell Lowery, Jeff.	23.2
1928	George Granville, Ben.	23.0
1929	Charlie Fyock, Franklin	22.8
1930	Charlie Fyock, Franklin	22.4
1931	George Dowling, Grant	22.9
1933	Reg Brady, Wash.	21.8
1936	Jim Buck, Roosevelt	22.5
1937	Bob Diez, Franklin	23.5
1944	Lyle Schiavia, Jeff.	23.6
1947	Mervin Brock, Wash.	22.7
1948	Mervin Brock, Wash.	22.3
1952	Traver Campbell, Grant	23.3
1955	Julius Strong, Roos.	22.4
1960	Craig Nelson, Grant	22.4
1962	Butch Lumby, Grant	21.8
1963	Leon Lincoln Jeff .	21.6
1966	Onia Bates, Grant	21.6
1971	Rick Eatmon, Adams	21.69
1972	Rick Eatmon, Adams	21.72
1974	Robert Curry, Wash.	w21.5

## 200-Meter Dash

1983	John Frazier, Jefferson	21.81
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1987	Lavelle Matthews, Jeff.	22.73
1988	Bill Shephard, Grant	21.63
1990	LaVon Pierce, Benson	22.11
1992	Dominique Merriweather, Benson	w21.75
1994	Justin Anderson, Linc.	22.27
1995	Kenny Carter, Grant	21.93
2007 (6A)	Nycole Griffin, Ben.	21.79

## 440-Yard Dash

1929	Alan Cox, Washington	52.2
1930	Charlie Twitchell, Grant	52.5
1931	Bob Patrick, Lincoln	52.4
1932	Ray Woodman, Jeff.	52.0
1933	Dwight Snell, Wash.	51.7
1934	Jim Schriver, Jefferson	51.6
1935	Jim Schriver, Jefferson	51.6
1936	Bill Engleton, Franklin	51.9
1937	Bill Engleton, Franklin	51.7
1949	Jack Peterson, Lincoln	52.1
1955	John Erickson, Grant	50.8
1957	Stan Miller, Jefferson	51.0
1958	Stan Miller, Jefferson	50.1
1959	Cardell Matthews, Was.	50.9
1960	Mike Wyborne, Jeff.	49.8
1968	Weldon Vance, Jeff.	49.3
1969	Weldon Vance, Jeff.	48.9
1970	Paul Wilkinson, Mad.	49.8
1972	Dave Hagmeier, Jack.	47.96
1974	Anthony Bates, Grant	48.6

## 400-Meter Dash

1990	LaVon Pierce, Benson	47.53
1991	Damien Smith, Wilson	48.90
2004	Nate Anderson, Bens.	48.48
2005	Nate Anderson, Bens.	47.37
2007 (6A)	Karl Acker, Grant	49.03

## 880-Yard Dash

1927	William Mullen, Linc.	2:05.0
1928	Elmer Carlson, Wash.	2:04.8
1929	Jim West, Hill Military	2:02.2
1930	Charlie Twitchell, Grant	2:02.5
1931	Hal Meyers, Lincoln	2:04.0
1934	Carroll Krum, Wash.	2:01.6
1935	Kirman Storil, Benson	2:03.7
1944	Hal Ellmers, Jefferson	2:04.6

1945	Clarence Bell, Roos.	2:04.7
1948	Lloyd Jepson, Benson	2:00.4
1953	Jerry Pace, Franklin	2:02.5
1954	Jim Grelle, Lincoln	2:01.0
1955	Jim Grelle, Lincoln	1:58.0

## 800-Meter Dash

1989	Mike Tierney, Franklin	1:54.68
2003	Michael McGrath, Linc.	1:51.27
2009 (5A)	Boru Guyuta, Jeff.	1:56.27
2011 (5A)	Demetrius Rhodes, Benson	

## One Mile Run

1930	Willis Paddock, Grant	4:37.0
1934	Matt Clasper, Wash.	4:35.7
1939	Bill Fisher, Wash.	4:35.0
1945	Dick Petterson, Jeff.	4:39.4
1948	Jim Newcomb, Benson	4:24.5
1957	Ralph Strait, Lincoln	4:27.1
1959	Ted Abram, Grant	4:21.2
1965	Ron Byers, Grant	4:20.7
1973	Caxton Muune, Jack.	4:12.8

## 1500-Meter Run

2003	Joaquim Chapa, Grant	3:51.39
2005	Zuber Ahmed, Benson	3:53.03
2008 (6A)	Nathan Mathabane, Lincoln	3:53.28
2010 (5A)	Daniel Winn, Cl.	4:01.39
2011 (5A)	Ian Burgess, Franklin	

## Two-Mile Run

1964	Hal Jackson, Grant	9:36.5
1966	Mike Hann, Benson	9:26.8
1970	Don Johnson, Grant	9:21.1
1973	Dan Fulton, Benson	9:04.6
1974	Dan Fulton, Benson	9:05.6

## 3000-Meter Run

1986	Peter Pritchett, Bens.	8:49.73
1987	Peter Pritchett, Bens.	8:41.21
1988	Rick Mestler, Grant	8:31.25
2007 (6A)	Bryce Burgess, Fr.	8:47.18
2008 (6A)	Bryce Burgess, Fr.	8:36.83
2009 (6A)	Nathan Mathabane, Lincoln	8:33.31
2010 (5A)	Daniel Winn, Cl.	9:03.35

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## 120-Yard High Hurdles

1928 Vic Curtin, Franklin	16.4
1929 Harold Sandberg, Frank.	16.6

(NOTE: 42-inch hurdles 1927-33)

1935 Howard Carlson, Bens.	16.5
1936 Howard Carlson, Bens.	16.0
1938 Jim Holloway, Wash.	14.9
1960 Mel Renfro, Jefferson	14.0
1968 Ron Brown, Grant	14.6
1972 Tim Baker, Wilson	14.02
1975 Anthony Bates, Grant	14.15
1976 Jerry Reese, Marshall	14.83

## 110-Meter High Hurdles

1981 Romund Howard, Mad.	14.45
1990 Dwayne Arnold, Mad.	15.08
2010 5A) Howard Lao, Clev.	14.32

## 220-Yard Low Hurdles

1927 Kenneth Trindall, Bens.	27.4
1929 James Sidey, Wash.	26.6
1931 Bobby Grayson, Jeff.	26.6
1932 Bobby Grayson, Jeff.	25.5
1933 Julius Scruggs, Grant	26.2
1934 John Campbell, Wash.	26.2
1935 Howard Carlson, Ben.	26.5

## 200-Yard Low Hurdles

1939 Bill Gibson, Wash	23.0
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## 180-Yard Low Hurdles

1955 George Claussen, Gr.	20.7
1959 Mel Renfro, Jefferson	19.2
1960 Mel Renfro, Jefferson	18.9
1961 Dan Yeager, Grant	19.6
1964 Terry Rawlins, Grant	20.3
1966 Elmer Davis, Franklin	19.8

## 330-Yard Intermediate Hurdles

1975 Anthony Bates, Grant	37.0
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## 300-Meter Intermediate Hurdles

1981 Romund Howard, Mad.	37.30
1987 Brian Wright, Madison	38.31
1990 Dwayne Arnold, Mad.	38.03
1995 Edward Lincoln, Bens.	39.40
1996 Robert Akil, Jefferson	38.75

2007 (6A) Eric Bailey, Bens.	37.78
2008 (5A) Wayne Forthan, Jef.	39.06

## 880-Yard Relay

1928 Grant	1:33.0
1929 Franklin	1:34.0
1930 Grant	1:34.5
1931 Washington	1:33.9
1932 Jefferson	1:33.1
1933 Washington	1:31.3
1934 Jefferson	1:33.9
1935 Jefferson	1:34.2
1936 Franklin	1:31.9
1937 Benson	1:34.1
1938 Washington	1:33.3
1939 Benson	1:33.8
1944 Roosevelt	1:33.9
1949 Washington	1:31.2
1955 Roosevelt	1:31.6
1957 Jefferson	1:31.5
1959 Jefferson	1:29.4
1960 Jefferson	1:29.7
1961 Grant	1:29.6
1963 Jefferson	1:29.8
1965 Grant	1:28.3
1966 Grant	1:28.4

## 440-Yard Relay

1967 Grant	42.9
1969 Lincoln	42.7
1971 Adams	42.57
1972 Adams	42.64

## 4x100-Meter Relay

1983 Wilson (Carl Brown, Val Todd, Darwin Peters, Eugene King)	42.75
1984 Jefferson (Howard Marks, Don Rhodes, Tony Clark, John Frazier)	42.95
1986 Jefferson (Lavelle Matthews, L. Ball, Anthony Stewart, Ken Mitchell)	42.68
1987 Jefferson (Ron Griffin, Lavelle Matthews, Sam Dean, Lawrence James)	42.41

1988 Jefferson (Leroy Sanders, Sam Dean, Ron Griffin, Lawrence James)	42.35
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1989 Benson (Jerome Person, Jay Miles, Derek Baldwin, LaVon Pierce)	42.34
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1990 Wilson (Lawren Dawkins, Sol Sallos, Adam King, Damien Smith)	41.94
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1991 Benson (Tony Stevens, Aubre Dickson, Dominique Merriweather, Kory Murphy)	42.79
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1992 Benson (Tony Stevens, Mike Graham, Dominique Merriweather, Augbre Dickson)	42.99
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1993 Jefferson (Jon Parish, Joe Robertson, Hakeem McCallister, Jochannon Lowe)	42.20
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1995 Grant (Josh Klein, Dante Betha, Alfonso Peterson, Kenny Carter)	43.10
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2000 Benson (Madison Ceaser, Reggie Kerney, JR Waller, Antwaun Sherman)	41.81
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2002 Benson (Jesse Brown, Reggie Kerney, Antwon Sherman, Nelacey Porter)	42.13
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2003 Jefferson (Tracy Harrell, TR Smith, Derrick Deloney, Michael Richmond)	42.41
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2004 Benson (Ely Lewis, Curran Williams, Jesse Brown, Nate Anderson)	42.47
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2007 (6A) Grant (Kasseem Osheroff, Paul McCoy, Branden Shimada, Karl Acker)	42.51
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## One Mile Relay

1968 Jefferson	3:24.4
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1969 Jefferson	3:22.7
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1983 Jefferson (Curtis Hadley, Darrell Brazile, John Frazier, Jeff Pittman)	3:19.44
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1984 Wilson (Chris Pennington, Ken Hunt, Anthony Stewart, Delvin Ford)	3:24.00
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1986 Grant (Aaron Henry, Aaron Fentress, Stan Roberts, Brian England)	3:20.76
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## 4x400-Meter Relay

1988 Benson (Mark Duplessi, Walter Bailey, Derek Baldwin, Jay Miles)	3:18.39
1989 Benson (Stephan Dillon, Derek Baldwin, Jay Miles, LaVon Pierce)	3:17.62
1990 Benson (Vince Watson, Andre Jamison, Jay Miles, LaVon Pierce)	3:16.82
1991 Benson (Steve Walton, Mike Graham, Craig Spinks, Vince Walton)	3:21.56
1992 Benson (Steve Walton, Mike Graham, Dominique Merriweather, Craig Spinks)	3:19.65
1993 Benson (Eli Pursiful, Patrick Johnson, Aubre Dickson, Dominique Merriweather)	3:27.06
2004 Benson (Jesse Brown, Curran Williams, Nate Anderson, Thomas Tillery)	3:18.34
2008 (6A) Grant (Karl Acker, Ken Acker, Paul McCoy, Branden Srmodd)	3:18.35
2008 (5A) Jefferson (Borru Guyta, Marlon Miles, Amin Tuffa, Darius Strickland)	3:24.41

## Girls Track & Field

### High Jump

2000 Lisa Gunderson, Wilson	5-6
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### Pole Vault

2001 Kate Soma, Grant	11-9
2004 Natalie Todd-Zebel, Gr.	11-9
2006 Emma Piatt, Grant	11-9

### Discus

None

### Long Jump

1980 Robin Marks, Lincoln	18-9 ¼
1984 Denise Lucas, Jeff.	18-11
1985 Denise Lucas, Jeff.	19-6
2005 Sara Callier, Benson	18-4 ¾
2009 (6A) Kayla Smith, Ben.	w19-0 ½

## Shot Put

None

## Javelin

None

## Triple Jump

1990 Liz Fawkes, Lincoln	38-8 ¾
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## 100-Yard Dash

1976 Lorin Barnes, Marshall	11.62
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## 100-Meter Dash

1978 Jackie Jackson, Grant	12.15
1979 Denise Williams, Grant	12.21
1983 Lajuana Hall, Madison	12.10
1984 Lanette Byrd, Jefferson	12.18
1985 Denise Lucas, Jeff.	12.27
1986 Jackie McConnell, Jeff.	12.30
1991 Regina Warren, Bens.	12.16
1992 Taryn Tarver, Bens.	12.17
1994 Udeme Elijah, Benson	12.52
1995 Udeme Elijah, Benson	12.35
1998 Kisha Swafford, Bens.	12.32
2001 Deborah Jones, Bens.	12.20
2002 Deborah Jones, Bens.	12.15
2003 Deborah Jones, Bens.	12.00
2004 Ashley Taylor, Benson	12.25
2005 Sara Callier, Benson	12.05
2006 Nyema Sims, Jefferson	12.23
2008 (6A) Kayla Smith, Ben.	12.11
2009 (6A) Kayla Smith, Ben.	w11.84

## 220-Yard Dash

1973 Mary Officer, Madison	25.40
1975 Melanie Batiste, Linc.	25.37

## 200-Meter Dash

1978 Jackie Jackson, Grant	25.12
1979 Robin Marks, Lincoln	24.65
1980 Robin Marks, Lincoln	24.50
1984 Lanette Byrd, Jeff.	25.03
1985 Denise Lucas, Jeff.	24.84
1991 Regina Warren, Benson	25.00
2000 Deborah Jones, Bens.	25.40
2001 Deborah Jones, Bens.	24.97
2002 Deborah Jones, Bens.	24.88
2003 Deborah Jones, Bens.	24.64
2004 Sara Callier, Benson	25.16

2005 Sara Callier, Benson	25.11
2006 Nyema Sims, Jefferson	24.84
2008 (6A) Kayla Smith, Ben.	24.18
2009 (6A) Kayla Smith, Ben.	24.01

## 400-Meter Dash

1983 Sharon Otterstedt, Wil.	56.34
1984 Sharon Otterstedt, Wil.	54.71
1985 Suzy Setterholm, Mad.	55.56
1991 Ginny Folk, Benson	57.26
2001 Brandi Probasco-Canda, Benson	55.08
2002 Brandi Probasco-Canda, Benson	54.64
2003 Brandi Probasco-Canda, Benson	55.19

## 880-Yard Dash

1973 Pat Reed, Wilson	2:19.1
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## 800-Meter Dash

1992 Kali Rembold, Lincoln	2:15.99
1996 Christy Lacey-Krietz, Lin.	2:13.23
1999 Laura Westwood, Gr.	2:14.74
2000 Laura Westwood, Gr.	2:14.03
2004 Lizzy Wild, Grant	2:15.81
2007 (6A) Sara Wild, Grant	2:17.92

## One Mile Run

1970 Carolyn Walker, Grant	5:22.50
1975 Elaine Pond, Grant	5:03.53

## 1500-Meter Run

1989 Amy Hunt, Jefferson	4:41.27
1993 Marie Davis, Lincoln	4:43.60
1995 Marie Davis, Lincoln	4:36.79
2010 (6A) Julia Fonk, Frank.	4:36.54

## 3000-Meter Run

1992 Marie Davis, Lincoln	10:09.81
1995 Marie Davis, Lincoln	9:53.59

## 100-Meter Hurdles

1973 Mary Officer, Madison	14.1
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## 100-Meter High Hurdles

1981 Chris Klausman, Frank.	14.69
2000 Olivia Callier, Benson	14.92
2005 Bianca Methabane, Linc.	14.58
2006 Bianca Methabane, Linc.	14.32
2007 (6A) Bianca Mathabane, Lincoln	14.17

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## 300-Meter Low Hurdles

1981	Chris Klausman, Frank.	44.20
1992	Patrice Woods, Benson	44.34
1997	Railynn Elliott, Benson	44.74
1998	Hilary Baker, Lincoln	44.64
2005	Bianca Methabane, Linc.	44.25
2006	Bianca Methabane, Linc.	44.07
2009 (6A)	Tiarra Pittman, Linc.	43.51
2010 (6A)	Jazmin Ratcliff, Ben.	43.58

## 300-Meter Intermediate Hurdles

2011 (5A)	Jazmin Ratcliff, Benson	
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## 440-Yard Relay

1976	Lincoln	49.35
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## 4x100-Meter Relay

1978	Grant (Barb DeVore, Annette Berry, Tina Lacaden, Jackie Jackson)	48.67
1979	Grant (Denise Williams, Tina Lacaden, Margaret Newton, Jackie Jackson)	49.05
1984	Wilson (Cathy Strong, Traci Thirdgill, Michelle Baugh, Sharon Otterstedt)	48.24
1985	Jefferson (Jackie Taylor, Sedrice Phillips, Marissa Minnieweather, Denise Lucas)	48.91
1986	Benson (Ursula Madden, Michelle, James, Crystal Hanson, Sheila Williams)	48.90
1990	Grant (Zalika Milton, Verlynn Frazier, Esther Colbert, Mary Colbert)	48.89
1991	Benson (Adriel Person, Ginny Folk, Regina Warren, Taryn Tarver)	48.21
1993	Benson (Shontelle Streeter, Wanjeria Washington, Udeme Elijah, Adriel Person)	49.29
1994	Benson (Shontell Streeter, Tiara Warren, Itoe Elijah, Udeme Elijah)	48.56
1995	Benson (Shantell Streeter, Porsha, Glover, Itoto Elijah, Udeme Elijah)	49.48

1996	Benson (Kisha Swafford, Rose Lockett, Porsha Glover, Janita Jones)	49.39
1998	Benson (Awen'lue Kante, Kib-bibia Wincher, Janita Jones, Kisha Swafford)	48.57
1999	Benson (Sharitha McKenzie, Kabbiba Wincher, Awen-Lue Kante, Janita Jones)	48.98
2000	Benson (Sharitha McKenzie, Brandi Probasco-Canda, Amy Brima, Deborah Jones)	48.65
2001	Benson (Sharitha McKenzie, Brandi Probasco-Canda, Amy Brima, Quiana Green)	48.23
2002	Benson (Ashley Taylor, Brandi Probasco-Canda, Amy King, Sara Callier)	47.75
2003	Benson (Ashley Taylor, Brandi Probasco-Canda, Sara Callier, Deborah Jones)	46.57
2004	Benson (Antionette Payne, Gabrielle Parker, Deseree Mason, Ashley Taylor)	48.59
2007 (6A)	Lincoln (Megan Perra, Bianca Mathabane, Kema Harvey, Tiarra Pittman)	47.64
2008 (6A)	Lincoln (Megan Perra, Bianca Mathabane, Kema Harvey, Tiarra Pittman)	48.14
2009 (6A)	Lincoln (Arlisha Davis, Haley Stewart, Kema Harvey, Tiarra Pittman)	48.01

## One Mile Relay

1979	Lincoln (Marci Campbell, Robin Marks, Sue Hanlon, Mary Mitchoff)	3:58.59
1980	Lincoln (Mary Hanlon, Marci Campbell, Mary Mitchoff, Robin Marks)	3:54.23
1984	Wilson (Laurie Post, Traci Thirdgill, Cathy Strong, Sharon Otterstedt)	3:58.01

## 4x400-Meter Relay

1991	Benson (Patrice Woods, Misty Snow, Ginny Folk, Regina Warren)	3:56.30
1992	Benson (Wanjeria Washington, Adriel Person, Patrice Woods, Misty Snow)	3:58.65
1995	Lincoln (Jill Waldman, Marie Davis, Larisa Pennington, Christy Lacey-Krietz)	3:57.04
1996	Benson (Railynn Elliott, Wendy Barnes, Liz Schroeder, Itoe Elijah)	3:59.99
1999	Benson (Kabbiba Wincher, C'Rel McAllister, Amy King, Janita Jones)	3:58.20
2000	Benson (Amy Brima, Amy King, Deborah Jones, Brandi Probasco-Canda)	3:55.38
2001	Benson (Quiana Green, Amy King, Amy Brima, Brandi Probasco-Canda)	3:55.03
2002	Benson (Sara Callier, Amy King, Brandi Probasco-Canda, Deborah Jones)	3:53.76
2003	Benson (Alex Jones, Sara Callier, Deborah Jones, Brandi Probasco-Canda)	3:50.38
2004	Grant (Natalie Stoll, Sara Wild, Christine Soma, Lizzy Wild)	3:56.19

## Boys Cross Country

1950	Dick Langston, Washington	11:19.0	2.2 miles
1955	Jim Burton, Benson	9:17.7	1.8 miles
1963	Terry Kishpaugh, Marshall	8:54.0	1.8 miles
1964	Ron Byers, Grant	12:31.6	2.5 miles
1965	Steve Byers, Grant	12:35.0	2.5 miles
1969	Scott Jackson, Grant	12:18.4	2.5 miles
1970	Scott Jackson, Grant	12:58.0	2.5 miles
1995	David Davis, Franklin	15:59.0	5000 mtrs
2007 (5A)	Bryce Burgess, Franklin	15:44.0	5000 mtrs
2010 (5A)	Ian Burgess, Franklin		

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# PIL State Individual Champions

## **Girls Cross Country**

- 1974 Elaine Pond, Grant  
10:56.0 2.0 miles  
1977 Mary Hanlon, Lincoln  
11:19.6 3000 mtrs  
1992 Marie Davis, Lincoln  
10:58.7 3000 mtrs

## **Wrestling**

### **95 Pounds**

- 1939 Maurice Barstad, Benson

### **98 Pounds**

- 1961 Rick Sanders, Lincoln  
1967 Cecil Hatchett, Benson  
1968 Mike Downer, Benson  
1973 Jerry McGinness, Marshall  
1975 Reid Jones, Franklin  
1979 Tony Amado, Benson  
1983 Travis West, Benson

### **105 Pounds**

- 1926 George Ochikuba, Benson  
1928 Scofield, Benson  
1932 Albert Gibson, Benson  
1939 Shig Hinatsu, Benson

### **106 Pounds**

- 1962 Rick Sanders, Lincoln  
1963 Rich Henjyoji, Cleveland  
1967 Robby Rust, Marshall  
1968 Cecil Hatchett, Benson  
1969 Mike Downer, Benson  
1984 Travis West, Benson  
1986 Broderick Lee, Marshall  
1988 Bobby Janisse, Jefferson

### **112 Pounds**

- 1925 Raynor, Lincoln  
1927 Farrar, Benson  
1928 Case, Benson  
1929 Walter Sutherland, Benson  
1936 Jack Wallace, Benson

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### **115 Pounds**

- 1928 Henderson, Benson  
1933 Rex McDermott, Benson  
1963 Rick Sanders, Lincoln  
1982 Aaron Chiles, Benson  
1984 Hiag Brown, Grant

### **118 Pounds**

- 1927 E. R. Bieberdorf, Benson  
1929 Al Howland, Benson  
1930 E. Jones, Benson  
1936 Jim Wallace, Benson  
1937 Ebert, Franklin

### **119 Pounds**

- 1985 Travis West, Benson  
1987 Lloyd Martindale, Marshall  
1989 Bobby Janisse, Jefferson  
2007 (5A) Eric Luna, Cleveland

### **121 Pounds**

- 1933 Albert Gibson, Benson  
1934 Albert Gibson, Benson

### **123 Pounds**

- 1959 Ron Johnson, Franklin  
1960 Rich Brown, Grant  
1961 Larry Christy, Cleveland  
1973 Bruce Nishikawa, Benson  
1974 Bruce Nishikawa, Benson  
1987 Broderick Lee, Marshall

### **125 Pounds**

- 2006 Norman Richmond, Jefferson

### **126 Pounds**

- 1930 Walter Sutherland, Benson  
1932 Alfred Hurst, Franklin  
1934 James Boardwell, Benson  
1936 Bud Porter, Franklin

### **130 Pounds**

- 1960 Ron Johnson, Franklin  
1964 Jeff Batchelor, Madison  
1969 Don McPhearson, Washington  
1981 Marc Sprague, Madison

- 1984 Andre Taylor, Benson  
1988 Lloyd Martindale, Marshall  
1990 Bobby Janisse, Jefferson  
2007 (5A) Norman Richmond, Jeff.

### **135 Pounds**

- 1928 Nutting, Benson  
1930 Walter Noack, Benson  
1932 Bud Hansen, Benson  
1935 Frank Berglund, Benson  
1937 Harold Williams, Franklin  
1989 Jason Jones, Benson

### **136 Pounds**

- 1959 Milt Fyre, Cleveland  
1963 Tom Stevens, Madison  
1968 Coleman, Madison  
1972 Bob Nearing, Marshall  
1982 Marc Sprague, Madison

### **138 Pounds**

- 1933 Robert Rhoads, Benson  
1935 Frank Berglund, Benson

### **139 Pounds**

- 1962 Jack Taylor, Madison  
1967 Larry Wilder, Lincoln  
1981 John Borich, Benson  
1982 William Taylor, Benson  
1983 William Taylor, Benson  
1986 Hiag Brown, Grant

### **140 Pounds**

- 1989 Teo Farwell, Benson  
2008 (5A) Eric Luna, Cleveland

### **141 Pounds**

- 1990 Damon McPherson, Jefferson  
1991 Tivon Abel, Jefferson

### **145 Pounds**

- 1925 Desmond Anderson, Franklin  
1926 Desmond Anderson, Franklin  
1936 Frank Berglund, Benson

### **147 Pounds**

- 1930 Butze, Franklin  
1934 Chester Holbrook, Benson

### **148 Pounds**

- 1959 George Brown, Jefferson  
1992 Tiron Abel, Jefferson

# PIL State Individual Champions

## 150 Pounds

1933 Jack Carr, Benson

## 155 Pounds

1936 Tom Abrams, Benson  
1939 Jim Merritt, Benson

## 157 Pounds

1964 Junior Johnson, Grant  
1965 Tom Nearing, Marshall  
1966 Junior Johnson, Grant  
1991 Damon McPherson, Jefferson  
1992 Damon McPherson, Jefferson  
1993 Tivon Abel, Jefferson

## 160 Pounds

1927 Glen Savage, Franklin  
1930 Ferdinand Hite, Benson

## 163 Pounds

1932 Frank Sulewski, Benson

## 165 Pounds

1936 Dave Phillips, Benson

## 168 Pounds

1963 Fred Fozzard, Marshall  
1968 Jeff Johnston, Wilson  
1987 Matt Sprague, Benson  
1990 Mat Sprague, Benson

## 171 Pounds

2007 (5A) Barry Hood, Jefferson

## 175 Pounds

1926 Locke Reeder, Franklin  
1927 Ben Sherman, Benson  
1928 Glen Savage, Franklin  
1930 Lincoln, Benson  
1936 Dave Phillips, Benson  
1937 Virgil Cavagnaro, Benson

## 178 Pounds

1933 Earl Gillis, Benson  
1964 Fred Fozzard, Marshall  
1971 Jeff Toberg, Marshall  
1981 Karl Pope, Franklin

1994 Damion Martindale, Marshall

## 191 Pounds

1982 Oscar Hicks, Benson

## 215 Pounds

None

## 275 Pounds

1958 Tim Gallagher, Franklin  
1959 John Thies, Jefferson  
1967 Wayne Karney, Lincoln  
1968 Wayne Karney, Lincoln  
1971 Cameron Hyde, Lincoln  
1990 Todd Shaw, Franklin

## 285 Pounds

2009 (5A) Jacob Berger, Jefferson

## HEAVYWEIGHT

1925 East, Franklin  
1926 George York, Benson  
1932 Clifford Schooling, Benson  
1935 Bob Summersett, Franklin

## Boys Swimming & Diving

### 180-Yard Medley Relay

1949 Benson (John Goode, Dick Kimball, Bob Wright) 1:50.9  
1950 Grant (Jack Palmer, Bob Hays, Dan Cramer) 1:49.4  
1951 Grant (Traver Campbell, Jack Palmer, Dan Cramer) 1:49.0  
1951 Grant (Jack Palmer, Dan Cramer, Traver Campbell) 1:47.0  
1952 Grant (Jim Barnes, Traver, Campbell, Bill Weaver) 1:49.6  
1953 Lincoln (John Rigdon, Terry Kelly, Mike Peabody) 1:50.4

### 160-Yard Medley Relay

1955 Grant (Joe Coulter, Tom Fanning, Terry Retter, Jack Strom) 1:35.4  
1956 Grant (Joe Coulter, Terry Better, Mike Mainhoff, D. Schultzke) 1:32.0  
1957 Benson (Dugger, Slawson, Potts, Collins) 1:34.3

## 200-Yard Medley Relay

1966 Wilson (Jim Cain, Humes, Wayne Richards, Jeff Richards) 1:48.8  
2010 (6A) Grant (Will Tyrell, Jordan Green, Marc Bley-Male, Henry Fellows) 1:38.73  
2011 (6A) Grant (Will Tyrell, Kevin Wallin, Max Bley-Male, Henry Fellows)  
2011 (5A) Cleveland (Sam Donohue, Matt Hwee, Brandon Risley, Steve Soo)

## 200-Yard Freestyle

1949 Gordon Edwards, Linc. 2:11.2  
1950 Don Pesznecker, Frank. 2:11.2  
1951 Art Welch, Jefferson 2:10.5  
1951 Kress Lockridge, Grant 2:16.1  
1952 Ben Jensen, Jefferson 2:11.3  
1953 Ben Jensen, Jefferson 2:13.0  
1954 Dale Sweatt, Cleveland 2:07.8  
1955 Terry Kelly, Lincoln 2:04.2  
1956 Joe Santry, Lincoln 2:06.6  
1957 Joe Santry, Lincoln 2:05.3  
1959 Dick Boyd, Cleveland 2:02.5  
1961 Ken Webb, Wilson 1:53.2  
1982 Ethan Nelson, Wilson 1:43.29  
1983 Alex Stiles, Lincoln 1:42.75  
1984 Alex Stiles, Lincoln 1:41.31

## 120-Yard Individual Medley

1950 Jay Holland, Lincoln 1:20.5  
1951 Gilbert Westwell, Jeff. 1:20.2  
1951 Gilbert Westwell, Jeff. 1:18.4  
1952 Bill Westfall, Jefferson 1:17.2  
1953 George Claussen, Grant 1:16.5  
1954 George Claussen, Grant 1:15.8  
1955 J. D. Brown, Grant 1:15.5  
1956 Tom Fanning, Grant 1:17.0

## 200-Yard Individual Medley

1960 Dick Boyd, Cleveland 2:15.4  
1961 Graham Colton, Wilson 2:16.9  
1963 Ted Leovich, Lincoln 2:11.7  
1964 Ted Leovich, Lincoln 2:11.2  
1965 Ted Leovich, Lincoln 2:07.8  
1970 David Bahler, Benson 1:58.26

## 40-Yard Freestyle

1949 Bob Wright, Benson 20.8  
1951 John Goode, Benson 19.9  
1951 Ray Westgard, Jeff. 20.2

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# PIL State Individual Champions

1952 Dan Cramer, Grant	18.8
1953 Dick Schultzke, Grant	19.5
1954 (tie) George Claussen, Grant (tie) Terry Kelly, Lincoln	19.2
1956 J. D. Brown, Grant	18.6
1957 J. D. Brown, Grant	18.5

## 50-Yard Freestyle

1959 Norm Swanson, Franklin	24.7
2011 (6A)Carson Brindle, Lincoln	

## 100-Yard Butterfly

1956 Tom Fanning, Grant	1:10.0
1962 Graham Colton, Wilson	55.6
2008 (5A) Luke Donohue, Clev.	52.86
2010 (6A) Dana Emerson, Wil.	52.54

## 100-Yard Freestyle

1948 Irwin, Grant	58.8
1949 Gordon Edwards, Linc.	57.6
1950 John Goode, Benson	57.0
1951 Don Pesznecker, Frank.	58.0
1951 Dan Cramer, Grant	57.4
1952 Dan Cramer, Grant	54.5
1953 Ben Jenson, Jefferson	56.5
1954 Terry Kelly, Lincoln	55.5
1955 Terry Kelly, Lincoln	56.2
1956 J. D. Brown, Grant	52.6
1957 J. D. Brown, Grant	52.3
1958 Norm Swanson, Frank.	56.0
1966 Doug Windes, Wilson	50.4
2011 (6A)Carson Brindle, Lincoln	

## 400-Yard Freestyle

1957 Joe Santry, Lincoln	n/a
1959 Dick Boyd, Cleveland	4:31.9
1960 Dick Boyd, Cleveland	4:16.8
1961 Ken Webb, Wilson	4:05.4
1963 Ted Leovich, Lincoln	4:12.8
1970 David Bahler, Benson	3:44.1

## 500-Yard Freestyle

1981 Alex Stiles, Lincoln	4:42.43
1982 Alex Stiles, Lincoln	4:35.22
1983 Alex Stiles, Lincoln	4:31.66
1984 Alex Stiles, Lincoln	4:27.33

## 160-Yard Freestyle Relay

1948 Grant (Gordon Vaillancourt, Blount, Irvin, Placek)	1:25.3
1949 Benson (Bill Meske, Bob Hembree, John Goode, Bob Wright)	1:30.9
1950 Lincoln (Harold Burkitt, John English, Ray Morris, Rob Vinton)	1:23.4
1951 Grant (Dan Cramer, Trevor Campbell, Jack Palmer, Kress Lockridge)	1:21.9
1951 Grant (George Claussen, Kress Lockridge, Dick Schultzke, Don Sulloway)	1:23.9
1952 Grant (Trevor Campbell, George Claussen, Don Sulloway, Dick Schultzke)	1:21.3
1953 Grant (Don Sulloway, George Claussen, Del Schultzke, Dick Schultzke)	1:20.3
1955 Grant (J. D. Brown, Jim Grew, Bob Meinhoff, Del Schultzke)	1:21.2

## 200-Yard Freestyle Relay

2011 (6A) Lincoln (Eric Chang, Andre DeNegri, Carson Brindle, Daniel He)	
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## 100-Yard Backstroke

1951 John Goode, Benson	1:03.8
1951 Jack Palmer, Grant	1:07.9
1952 George Claussen, Grant	1:05.3
1953 Walt Wilks, Benson	1:05.7
1954 Larry Wilks, Wash.	1:06.7
1955 Larry Wilkes, Wash.	1:05.1
1956 Larry Wilkes, Wash.	1:06.7
1956 Joe Coulter, Grant	1:04.3
1957 Joe Coulter, Grant	1:02.0
1961 John Harrow, Wilson	1:03.0
1963 Tyler Walthers, Wilson	1:01.3
1964 Greg Westcott, Marsh.	57.8
1965 Ted Leovich, Lincoln	58.0
1969 David Bahler, Benson	56.4

## 100-Yard Butterfly-Breastroke

1956 Tom Fanning, Grant	1:10.0
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## 100-Yard Breaststroke

1950 Ed Placek, Grant	1:11.1
1951 Gilbert Westwell, Jeff.	1:10.3
1951 Gilbert Westwell, Jeff.	1:12.2
1952 Joel Satoris, Franklin	1:07.3
1955 Richard Rotto, Benson	1:08.7
1958 Dave Wickwire, Lincoln	1:08.9
1959 Dave Wickwire, Lincoln	1:09.0
1960 Dave Wickwire, Lincoln	1:09.7
1964 Tyler Walthers, Wilson	1:05.8
1969 Mike Phillips, Grant	1:03.0
1999 Luke Ekhoﬀ, Lincoln	58.74
2000 Luke Ekhoﬀ, Lincoln	57.18

## 400-Yard Freestyle Relay

1974 Wilson (Doug Brenner, Bret Paulus, Phillip Wild, Steve Wanaka)	3:21.69
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## Diving

1949 Dick Kimball, Benson	n/a
1953 Larry Lyle, Grant	108.06
1957 Robert Ball, Franklin	140.6
1959 Lew Banks, Wilson	n/a
1960 Lew Banks, Wilson	n/a

## Girls Swimming & Diving

### 120-Yard Medley Relay

1948 Lincoln (Nancy McCourt, Jo- anne Niesen, Lois Olson)	1:24.5
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### 150-Yard Medley Relay

1949 Grant (Virginia May, Judy Cor- nell, Eleanor Molby)	1:44.3
1950 Grant (Wilson, Placek, Molby)	n/a
1951 Grant (Connie Wilson, Billie Placek, Sulloway)	1:46.7
1952 Jefferson (E. Everett, C. Hanson, B. Graham)	n/a

### 200-Yard Medley Relay

1955 Cleveland	2:18.5
1956 Cleveland (Lorna Trambly, Barbara Huffschtmidt, Judy Mar- tin, Bonnie Boyd)	2:18.7

### 160-Yard Medley Relay

1957 Cleveland (Bailey, P. Huff- schmidt, Martin, Trambly)	1:46.3
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# PIL State Individual Champions

## 200-Yard Medley Relay

1958	Grant (Denniston, Harrow, Mucha, See)	2:16.7
1962	Wilson (Mankin, Larkin, Eggen, Steinbach)	2:09.0
1963	Wilson (Cain, Jamison, Steinbach, Dodge)	2:01.2
1965	Wilson (P. Skinner, G. Jenkinson, L. Dodge, P. Hickox)	2:09.5
1978	Wilson (Emily Feldman, Ann Habernigg, Susie Habernigg, Linda Dakin)	1:56.14
1982	Lincoln (Jenny Shannon, Ana Thompson, Michelle Donahue, Mary Massengale)	1:53.45
1983	Lincoln (Jenny Shannon, Thompson, M. Donahue, M. Massengale)	1:53.29
1985	Lincoln (Michelle Donahue, Alexis Brenner, Sharr Bergner, Jenny Shannon)	1:50.30
1986	Lincoln (Megan O'Scannlain, Alexis Brenner, Sharr Bergner, Liz Massengale)	1:54.24
1987	Lincoln (Katie Boyd, Alexis Brenner, Sharr Bergner, Megan O'Scannlain)	1:53.39
1989	Lincoln (Tammy Shannon, Cristin Grant, Megan O'Scannlain, Lindsay Covington)	1:52.70
1991	Lincoln (Tammy Shannon, Blake Hedinger, SaraQuan, Lindsay Covington)	1:52.15
2003	Lincoln (Ali Davis, Jessica Embick, Amy Jarvis, Jane Kestner)	1:51.45

## 220-Yard Freestyle

1948	Nancy McCourt, Lincoln	2:56.4
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## 200-Yard Freestyle

1953	Beverly Graham, Jeff.	2:18.5
1955	Carol Everett, Jefferson	2:20.7
1956	SR-Judy Martin, Cleve.	2:23.5
1957	SR-Faye Rabe, Wash.	2:21.1
1964	Cathy Jamison, Wilson	2:09.4
1966	Patti Jensen, Grant	2:14.4

1968	Marjorie Meek, Wilson	2:05.3
1982	Jenny Shannon, Linc.	1:57.59
1983	Jenny Shannon, Linc.	1:54.92
1984	Jenny Shannon, Linc.	1:53.14
1985	Jenny Shannon, Linc.	1:52.84
1995	Lauren Thies, Lincoln	1:49.47
1997	Lauren Thies, Lincoln	1:49.07

## Individual Medley:

### 120-Yard

1948	Cauleen Madison, Girls Poly	1:52.2
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### 150-Yard

1954	Carol McKelligon, Linc.	1:56.4
1955	Judy Martin, Cleveland	1:50.5

### 200-Yard

1956	SR-Carol McKelligon, Lincoln	2:39.1
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### 160-Yard

1957	SR-Lorna Trambly, Clev.	2:04.9
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### 200-Yard

1959	Carol Eggen, Wilson	2:37.5
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### 100-Yard

1960	Carol Eggen, Wilson	1:10.5
1967	Linda Fairchild, Wilson	1:06.6

### 200-Yard Individual Medley

1976	Ann Habernigg, Wilson	2:11.90
1977	Ann Habernigg, Wilson	2:11.759
1978	Ann Habernigg, Wilson	2:10.61
1983	Michelle Donahue, Linc.	2:09.15

### 60-Yard Freestyle

1948	Margaret Doremel, Grant	40.0
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### 50-Yard Freestyle

1949	Nancy Bradley, Lincoln	31.8
1951	Carol Hansen, Jefferson	33.7
1955	Elaine Bailey, Cleveland	31.8

## 50-Yard Freestyle

1961	Ann Brown, Lincoln	28.1
1962	Ann Brown, Lincoln	26.7
1963	(tie) Barbara Dodge, Wil.	26.9
1964	Clarke McDonald, Wils.	26.7
1965	Clarke McDonald, Wils.	27.1
1978	Susie Habernigg, Wils.	24.3

## 100-Yard Butterfly

1956	SR-Sally Taylor, Wash.	1:16.9
1957	SR-Judy Martin, Cleve.	1:14.4
1958	Carol Eggen, Wilson	1:14.6
1961	Kathy Steinbach, Wils.	1:12.1
1964	Clarke McDonald, Wils.	1:04.7
1975	Sue Nozaki, Grant	59.76
1976	Sue Nozaki, Grant	1:00.40
1987	Alexis Brenner, Lincoln	56.58

## 100-Yard Freestyle

1948	Donna Beall, Commerce	1:12.4
1951	Beverly Graham, Jeff.	1:05.2
1952	Beverly Graham, Jeff.	1:04.0
1953	Beverly Graham, Jeff.	1:02.5
1954	Carol Everett, Jefferson	1:02.6
1955	Carol Everett, Jefferson	1:02.1
1956	JR-Linda Gaylord, Wils.	1:16.0
1957	SR-Faye Rabe, Wash.	1:04.8
1962	Ann Brown, Lincoln	59.6
1966	Marjorie Meek, Wilson	59.8
1967	Ann Sidel, Grant	58.4
1978	Susie Habernigg, Wils.	52.68
1991	Tammy Shannon, Linc.	53.04
1992	Tammy Shannon, Linc.	52.90

## 500-Yard Freestyle

1977	Ann Habernigg, Wils.	5:06.439
1982	Michelle Donahue, Lin.	5:11.20
1983	Jenny Shannon, Linc.	5:03.92
1984	Jenny Shannon, Linc.	5:00.87
1995	Lauren Thies, Lincoln	4:53.06
1997	Lauren Thies, Lincoln	4:47.34

## 160-Yard Freestyle Relay

1948	Jefferson (Arlene Mager, Virginia Pietz, Diane Weeks, Mary Jane Stewart)	n/a
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## 200-Yard Freestyle Relay

1949	Jefferson (Mary Jane Stewart, Kathleen Marlette, Virginia Pietz, Billie Atherton)	2:11.6
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# PIL State Individual Champions

1955 Cleveland 2:16.2  
1956 Cleveland (Elaine Bailey, Barbara Huffs Schmidt, Pat Huffs Schmidt, Bonnie Boyd) 2:07.5

## Senior 200-Yard Freestyle Relay

1965 Wilson 1:53.7  
1992 Lincoln (Lonnie Nadal, Barkley Hedinger, Lindsay Covington, Tammy Shannon) 1:39.47  
1995 Lincoln (Lonnie Nadal, Lindsay Haffner, Tatyana Dembrow, Lauren Thies) 1:39.88

## 100-Yard Backstroke

1948 Virginia May, Grant 1:21.9  
1949 Judy Cornell, Grant 1:20.0  
1951 Evelyn Everett, Jeff. 1:14.2  
1952 Evelyn Everett, Jeff. 1:13.7  
1955 Lorna Trambly, Cleve. 1:13.1  
1956 SR-Lorna Trambly, Clev. 1:13.7  
1957 SR-Judy Mucha, Grant 1:11.5  
1958 Judy Ferguson, Wash. 1:11.4  
1964 Cindy Cain, Wilson 1:07.7  
1965 Cindy Cain, Wilson 1:08.4  
1979 Lynne Shannon, Wa/Mon. 1:01.27  
1982 Jenny Shannon, Lincoln 59.44  
1983 Michelle Donahue, Linc. 59.85  
1984 Michelle Donohue, Linc. 57.83  
1985 Jenny Shannon, Lincoln 57.42  
1989 Tammy Shannon, Linc. 59.65  
1990 Tammy Shannon, Linc. 57.22  
1991 Tammy Shannon, Linc. 55.81  
1992 Tammy Shannon, Linc. 55.31

## 100-Yard Breaststroke

1948 Joan Neisen, Lincoln 1:33.1  
1949 Virginia May, Grant 1:19.2  
1950 Marlis Claussen, Grant 1:30.3  
1955 Carol McKelligon, Linc. 1:20.1  
1956 SR-Carol McKelligon, Lin. 1:16.9  
1957 SR-Carol McKelligon, Lin. 1:17.5  
1958 Carol Eggen, Wilson 1:19.7  
1963 Cathy Jamison, Wilson 1:15.1

1964 Cathy Jamison, Wilson 1:13.2  
1965 Cathy Jamison, Wilson 1:12.2  
1966 Cathy Jamison, Wilson 1:10.6  
1976 Ann Habernigg, Wilson 1:08.10  
2005 Jessica Embick, Grant 1:04.82  
2006 Signe Larson, Lincoln 1:04.73  
2011 (5A) Makila Schuck, Madison

## 400-Yard Freestyle Relay

1976 Wilson (Ann Habernigg, Linda Dakin, Emily Feldman, Barbara Locke) 3:45.90  
1988 Lincoln (Katy Boyd, Sharr Vergner, Alexis Brenner, Megan O'Scannlain) 3:44.16  
1992 Lincoln (Lonnie Nadal, Barkley Hedinger, Lindsay Covington, Tammy Shannon) 3:35.99  
1997 Lincoln (A. Smith, K. Jurgenson, Lindsay Janse, Lauren Thies) 3:34.87

## Diving

None

## 50-Yard Breaststroke

1950 Burkitt, Lincoln 42.8  
1951 Nancy Jackson, Lincoln 41.8  
1952 Barbara Earle, Jefferson 39.6  
1953 Linda Fleming, Jefferson 38.2  
1955 Faye Rise, Grant 45.4  
1956 JR-Sally Taylor, Wash. 43.2  
1963 Sherri Jenkinson, Wilson 35.5  
1964 Sherri Jenkinson, Wilson 35.8

## 40-Yard Breaststroke

1957 JR-M. Lawrence, Jeff. 33.0

## 50-Yard Backstroke

1951 Virginia Pearce, Franklin 40.0  
1952 Carol Smith, Jefferson 42.6  
1954 Marjorie Willits, Clev. 38.6  
1955 Marg Willits, Cleveland 37.1  
1958 Joyce Nicholson, Frank. 35.4  
1964 Cindy Cain, Wilson 30.4  
1965 Cindy Cain, Wilson 30.4

## 50-Yard Butterfly

1958 Judy Mucha, Grant 31.6

## 60-Yard Individual Medley

1957 JR-Sue Meinhoff, Mad. 46.8

## Boys Golf

1945 (tie) Bobby Jones, Grant 82-79 - 161  
1946 Dan Torrey, Grant 79-67 - 146  
1947 Dick Yost, Grant 71-74 - 145  
1948 Norm McClane, Washington 74-73 - 147  
1949 Bill Wittenberg, Grant 68-74 - 142  
1970 (tie) Tim Myers, Grant 68-75 - 143  
1972 Peter Jacobsen, Lincoln 70-68 - 138  
2000 (tie) Raun Atkinson, Grant 68-76 - 144  
2011 (6A) Adam Bean, Lincoln

## Girls Golf

1974 (tie) Mary Lou Mulflur, Grant 44-40 - 84  
1975 Mary Lou Mulflur, Grant 39-40 - 79  
1997 (tie) Sandy Kim, Wilson 71-72 - 143  
2002 Cassie Castleman, Lincoln 75-75 - 150  
2007 (6A) Avery Sills, Lincoln 78-84 - 162

## Boys Tennis

### Singles

1947 Tom MacDonald, Grant  
1949 Peter Carter, Grant  
1951 Jack Neer, Grant  
1953 Norm Merrill, Grant  
1954 Bob Ellerby, Grant  
1956 Harry Doyle, Grant  
1957 Harry Doyle, Grant  
1960 Charles Alloo, Wilson

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1961 Charles Alloo, Wilson  
1962 Randy King, Wilson  
1963 Randy King, Wilson  
1964 John Williams, Wilson  
1975 Jon Hermanson, Lincoln  
1976 Jon Wall, Cleveland  
1985 Aaron Gross, Lincoln  
1987 Aaron Gross, Lincoln  
1994 Jake Raiton, Wilson  
1995 Jake Raiton, Wilson  
1996 David Sacks, Lincoln  
2007 (5A) Alex Rovello, Cleveland  
2008 (5A) Alex Rovello, Cleveland  
2009 (5A) Alex Rovello, Cleveland  
2010 (5A) Alex Rovello, Cleveland

## Doubles

1951 Rich Butler/Ron Carlson, Grant  
1952 Rich Butler/Ron Butler, Grant  
1954 Stewart Jones/  
Ron Mee, Lincoln  
1975 Bart Bonime/  
Todd Bonime, Lincoln  
1983 Bill Grant/  
Ned Hastings, Lincoln  
1985 Andy Wachs/  
Ted Rubin, Cleveland  
1998 Chris Faulman/  
Adam Lewis, Lincoln  
2011 (5A) Jake Newhall/Todd  
Johnson, Wilson

## Girls Tennis

### Singles

1947 Wili Tanner, Lincoln  
1949 Patsy Heard, Grant  
1951 Patsy Heard, Grant  
1954 Patty Miller, Washington  
1955 Patty Miller, Washington  
1956 Patty Miller, Washington  
1957 Kam Campf, Grant  
1958 Candy Heiney, Grant  
1969 Carolyn Lumber, Grant  
1970 Carolyn Lumber, Grant  
1973 Lindsey Berman, Wilson  
1974 Lindsey Berman, Wilson

1975 Lindsey Berman, Wilson  
1976 Lindsey Berman, Wilson  
1978 Amy Graham, Lincoln  
1984 Kim Moore, Franklin  
1999 Amy Juppenlatz, Wilson  
2002 Cristin Sammis, Cleveland  
2004 Momei Qu, Wilson  
2008 (6A) Belinda Nius, Lincoln

## Doubles

1949 Sue Iverson/  
Nancy Davies, Grant  
1953 Barbara Olson/  
Carol Olson, Jefferson  
1954 Barbara Olson/  
Carol Olson, Jefferson  
1955 Barbara Olson/  
Carol Olson, Jefferson  
1956 Candy Heiney/  
Sherry Baldrige, Grant  
1957 Roma Menold/  
Janet Jones, Girls Polytechnic

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w = wind affected  
SR = Senior event  
JR = Junior event

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